Alisha Srock grew up in a supportive family whose mindset—“You can do anything you want to do if you work at it”—shaped her outlook on the world. “If someone says ‘this is impossible,’” says Alisha, “we say, ‘we’ll see about that.’”

For Alisha, that sometimes meant figuring out a different way to accomplish her goals. Born with cerebral palsy, she used a wheelchair and pursued a life of self-reliance.
Living in an accessible, affordable apartment, Alisha has the freedom to set her own schedule and make her own decisions. Her service dog, Maverick, is a lovable and helpful companion.

No one was surprised when Alisha wanted to move out of her parents’ home after high school graduation and find a place of her own.

Her research suggested that the Minneapolis/St. Paul metropolitan area would be a good destination. Accessible Space, Inc. had many accessible and affordable apartment buildings—and also a waiting list. She added her name, but didn’t want to put her dream on hold.

She found temporary housing with another organization, but soon had to move out.

The next option, a group home, was far from the independent life she wanted. Due to a miscommunication with a caseworker, she ended up in an apartment building without supportive living services. That wasn’t going to work. Her family had to come and help her move again.

The next apartment was less than accessible. Plumbing problems in the building added to her woes.

Eight months later, her name rose to the top of ASI’s waiting list and she received an invitation to move into Thorndale Apartments in New Brighton, a St. Paul suburb. “I was over the moon,” she remembers. “You mean I can have grab bars in the bathroom and use the kitchen properly?” For the first time in her life, she didn’t have to face sideways to cook. She was actually able to turn around in the spacious bathroom. Having access to an ASI Resident Assistant (24/7/365) completed her quest for independence.

Today, life is full. She’s getting her degree in elementary education at North Hennepin Community College. She volunteers. And she has a service dog, Maverick. In addition to performing essential tasks, he loves accompanying her along the trail that leads from the Thorndale property through the woods to local lakes.

“My life is finally settled,” says Alisha. “This is a place I can call my own.”