



# Accessible Space, Inc.

2550 University Avenue West, Suite 330 N | St. Paul, Minnesota 55114

## Independent Living Skills (ILS) Services

Accessible Space, Inc. (ASI) is a nonprofit organization incorporated in 1978 to provide affordable, accessible housing and twenty-four hour care services to low-income adults as an alternative to higher cost institutional care. The core of ASI's philosophy is self-reliance.

Independent Living Skills (ILS) Service is designed to help individuals with disabilities reach their highest level of independence through personalized training. Participants live in their own homes and work with Independent Living Skills Workers. Training through one-on-one instruction and support guides participants toward a variety of skill-building goals. This supportive guidance helps each person to achieve their highest level of independence.

Participation in ILS Services requires eligibility for the Traumatic Brain Injury (TBI) or Community Alternatives for Disabled Individuals (CADI) Waivers. Participants may also make arrangements with ASI for private payment for services.



Specific services are arranged according to the needs of the individual and may include:

- Household Management
- Problem Solving
- Personal and Health Care Management
- Interpersonal Relationships Management
- Nutritional Management
- Safety and Self-Protection
- Time Management
- Community Orientation and Mobility
- Purposeful Activity
- Communication

The mission of Accessible Space, Inc (ASI) is to provide accessible, affordable, independent and supportive living opportunities for persons with physical disabilities and brain injuries, as well as seniors. This mission is accomplished through the development and cost-effective operation of cooperatively managed housing, supportive living and rehabilitation services.

### Accessible Space, Inc. (ASI)

Intake Specialist

2550 University Avenue

Suite 330N

St. Paul, MN 55114

1(800) 466-7722 or (651) 645-7271

E-mail: [info@accessiblespace.org](mailto:info@accessiblespace.org)

Web Site: [www.accessiblespace.org](http://www.accessiblespace.org)



Accessible Space, Inc. HOUSING WITH CARE

